

The Ramshaven Herald



Anno Societatis LV

Barony of Ramshaven

Summer 2021

The First Bardic War~ A Glorious Victory!



The sounding of horns, the beating of drums, the clank of armour and the swish of rapiers... all typical sounds of the wars we've come to know and love. And whilst those sounds were not absent from the War of the past week, from the 15th to the 23rd the sounds of physical battle were drowned out by the sounds of singing, spoken word, and instruments. For The First Bardic War in the history of the Knowne Worlde has been fought!

From humble beginnings (or rather, not so humble beginnings; as the boastings of Atlantia bards at Journeyman's Concert in the Middle Kingdom proved to be the spark that ignited such a titanic struggle), the First Bardic War features over 100 hours of performances of all kinds. From Period Music to Original Poetry, from Martial Dressage – armoured, rapier, and equestrian – to the silliest of filks, the talents of the Knowne Worlde was on display.

From the earliest moment the war was declared, Their Lupine Majesties of Ealdormere Rattanicus and Isabel declared for the Kingdoms of the East and Atlantia. They directed their Bardic Army under the command of their Kingdom Bard (and now General) TH Lord Dietrich von Sachsen to join with the Eastern and Atlantian Bardic Armies, and those of their allies, Æthelmearc and Trimaris.

And Ealdormere did not disappoint!

Continued on p.2...

Upcoming Events

Ealdormere Eats– Monthly Experiment

Tuesday, August 31st, 2021

From 7-8 pm, Ealdormere Zoom

<https://us02web.zoom.us/j/87425123586?pwd=SFlkKyt6VUk4SWlrQnl2V2QzREg1U09>

Meeting ID: 874 2512 3586

Passcode: 667088

Celebration of Coronation of Rattanicus and Isabel of April 25th, 2020

Saturday, September 4th, 2021

435 W Front St, Stirling, ON

Website: <https://baronessmatilda.wixsite.com/ricoronation?fbclid=IwAR2kRts8RzJQpJZFqYquBQTImmOnvXSfcx2Qv69I11Y6glzOkfGetoECrlw>

Stone the Crows

Saturday, September 18th, 2021

150 Aberdeen St., Merlin, ON

Hosted by: Incipient Shire of Champs des Corbeaux

Website: <https://crownsnorth.wixsite.com/stonethecrows>

Northern Guild of Painters: THL Graem de Cherbourg

Friday, September 24th, 2021

From 7pm-11pm, Ealdormere Zoom

<https://us02web.zoom.us/j/88501951923?pwd=dGZvaGlnWUxellTK1plekF3c0xjZz09>

Meeting ID: 885 0195 1923

Passcode: 452714

Although the SCA complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

Bardic War, continued...

Twenty-five brave northerners enlisted in the Bardic Army to win fame and renown through their performances. Ramshaven in particular was well-represented: not only was the army under the command of a son of Ramshaven, but seven other members of the Barony put their talents on display. From famed bards such as Her Ladyship Emer ingen Uí Aedáin, Yoshikuri Nagayori go-Taishou, and the Bard of Ramshaven Lord Guilloauc filius Brancu; to newcomers like Rodrigo Navarro, Geörg Stauffer, and Wolfgang Stroem, Ramshaven's bards were the pride of the army. Her Excellency Ramshaven, Lucia de Moranza, was a welcome addition to the ranks, discovering a love of Improv along with her well-documented love of court heraldry.

In the end the East/Atlantia alliance swept to victory, claiming 19 of the 35 war points, and Ealdormere's bards won much acclaim throughout the Knowne Worlde. Their Royal Majesties recognized the efforts and labours of their Bardic Army – many of whom stepped outside their comfort zones and marshalled what few spoons could be found in this time of plague – by placing each and every member of the army upon the Scroll of Honour. Furthermore, their victorious General received not only a package of essential war supplies – a roll of duct tape, an emergency kazoo, a butterfly finger puppet, a coin minted by Her Ladyship Orla, and the King's token – but also received an Award of the King's Favour as part of his commission as General.

Ealdormere has defended its title as “The Kingdom that Sings” – thanks in no small part to the bards of Ramshaven!

~TH Lord Dietrich von Sachsen

~ A&S Corner ~



Hand carved Manitoba Maple. I used ground instant coffee for the kolrosing.

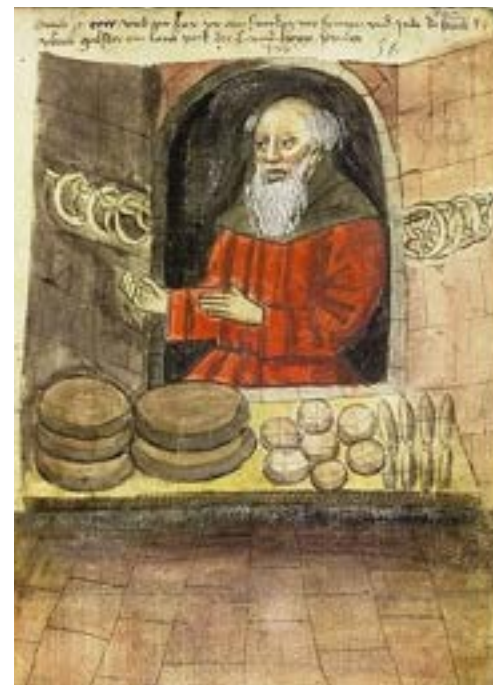
~Lord Beathán MacFinnon

The History of Bread

Follow these links to read a bit on the history of bread and find some (modern and redacted medieval) recipes that you can try at home-

<https://www.doverpublications.com/zb/samples/847845/sample7b.html>

<https://www.medievalists.net/2013/07/bread-in-the-middle-ages/>



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Beets! A History



As I learn about cooking in period, I have found myself researching not just recipes, but also ingredients. Grains, fruits, and vegetables have changed quite a bit from what our ancestors used.

One very interesting vegetable is the beetroot. The humble beet might seem like a perfect medieval vegetable, and it is found all over Europe. There are Roman recipes that call for beet. But, it's not the round red root we are familiar with. Even varieties in yellow or candy stripes in pink and white, aren't the medieval beet.

The beet that we know is a descendant of the still-existing sea beet. It is also known as wild spinach. This vegetable grows near the coast, and is found along the coastal regions of Europe, northern Africa, and southern Asia, including the coasts of Italy and England. It grows at the tops of sandy and pebble beaches, along salt marshes, and the bottom of coastal cliffs. It sprawls, has dark green, leathery, shiny leaves, and tiny green flowers. It doesn't look much like a modern beet at all. People still eat it, as one would eat modern beet greens, and it is supposed to taste somewhat like spinach.

Over the years, it began to be cultivated and branched out. One cultivar focused on the leaves, and turned into the vegetables now known as chard and spinach. Another focused on the root of this humble little coastal plant, and it is from this that we got our modern beet.

Early Romans most likely cooked with the sea-beet, but began the cultivars for leaves and roots, leading to the beet root that we are familiar with. Beet roots in the middle ages were recognized for their medicinal properties, especially regarding digestion and the blood.

Sugar beets were not cultivated until the 18th century. While sugar processed from beets was discussed as early as the 16th century, it was too difficult and expensive compared to sugar from sugar cane.

Beets are tasty, and have an amazing history. The next time you're eating beets, have a think about where it came from.

~Lady Dorothea af Holm

Wheat for Bread and Thatch

From the Bronze Age (c.500BCE) until the mid-Saxon period (c.600CE) spelt (*Triticum spelta*) was the major variety of wheat grown in England. Due to its hull it is more adaptable to cold climates and stores better under less favourable conditions (and for that reason it remained popular in Northern Europe), but it has less gluten, and doesn't make a light, high loaf. It is thought of as a health food today due to its higher vitamin and mineral content, and more available protein.

Two other kinds of wheat that took over in England, and have been grown for most of the last 1,500 years- 'bread' wheat (*Triticum aestivum*) and 'rivet' wheat (*Triticum turgidum*, also known as English Emmer wheat). These are called 'free threshing', as they have a spikelet at the top which is attached to the hull, and can be beaten off more easily through the threshing process.

What is grown today is 'improved' wheat, which needs to have inputs of high nitrogen fertilizer and has been bred down to accommodate mechanized harvesting. However, wheat evolved in areas of poor soils, and the original varieties which are still grown in the UK today for traditional thatching cannot be grown with fertilizers, as it causes the wheat stalks to weaken and fall over. Also, the older varieties had more genetic diversity, allowing most of the plants in a field to survive ecological stresses, such as drought, frost, high rainfall, and infertile soils. They would also mature at different times, allowing at least a famine ration of grain in a bad year. The older varieties also had larger, more robust root systems.



For more information: <http://www.traditional-thatch.org.uk/content/>

Canton of Der Welfengau



In December of A.S 16, Lord Tsvetan ~ having seen a vision of a great silvery griffon of ruby eyes and flaming tongue ~ gathered together with four other

gentles to form the Canton. The device of Der Welfengau was registered in A.S 20.

Currently, A&S as well as meetings, rapier practice, and armoured combat are being held from 10-12 at Riverside Park by the fire station on Speedvale. Summer gatherings and practices are planned for June 16, July 7, July 21, August 18, and September 10. Please come join us!

For more information please consult sca-guelph@yahoo.com or see us on the gathering page (Facebook) Canton of Der Welfengau unofficial <https://www.facebook.com/groups/266085027122/>

Their Excellencies, Baron Penn and Baroness Lucia host:

Craft and Gaming Day

A monthly gathering held on the first Sunday of the month (usually)



Canton of Bryniau Tywynnog



The name "Bryniau Tywynnog" (pr: BRIN'-ee-aw Te-WIN'-og) means "Sandy Hill" in Welsh. It is a name rooted in local history.

Fight practices

take place every Thursday evening from 7 - 10 pm at Scholar's Hall in Kitchener.

Everyone is encouraged to attend the business meeting and share their thoughts. Meetings take place on the 1st and 3rd Thursday of each month, from 7:10 pm until the business is taken care of, at Scholar's Hall in Kitchener. These happen at the same time as Fight Practice.

Armouring Nights offer a chance to get access to tools, materials, and help in regard to building of armour and other projects. Armouring Nights happen *approximately* every other Wednesday from 7:00 - 9:30 pm at the home of Edward, Rylyn, & Jobjorn in Waterloo near Columbia & Fischer-Hallman. Contact Edward for directions and to confirm the schedule and meeting agendas.

News and group plans are shared on the Barony of Ramshaven gathering pages (Facebook) For more information please contact Seneschal Eyrny at: bryniau.tywynnog@gmail.com

Middle Ages on the Green

An annual event usually held on the third weekend of August,



Canton of Northgeatham



A little easier to say than most can comprehend but when written in this form, North-geat-ham, it becomes clear.

"The northern hamlet."

Gatherings are generally held every Sunday from 1pm to 5pm unless otherwise posted on the gathering notification page (Face book) which also includes plans for the day, ideas, and armouring intensions. Meetings include the arts and sciences, discussion of group activities, and socializing while taking in refreshments of tea and sometimes, cake. Did I mention cake? If you wish to be included on the Northgeatham notification page please send a request and you shall be added. Regularly anticipated events for the group include the annual Museum Demonstration held in April at the Bruce County Museum and Archives and Barons' Brouhaha, a bi-annual event, which is usually held in mid July unless the calendar leaves us too close to War of the Trillium and Pennsic War. In this case, Baron's Brouhaha is pushed to a time in August. For further information about Northgeatham please feel free to contact the Chatelaine, Wulfwynne of the Blackwoods at: northgaedhamchatelaine@gmail.com

Baron's Brouhaha

Usually an annual event held in July or August depending on the calendar



**Margaret Trainor-Cook**

Email: ramshavenseschal@gmail.com
 term: December 2018 - December 2020
If you need me, just contact me anytime.

**Christiana du Mundegumry: Exchequer**

Email: ramshavenexchequer@gmail.com
 term: Oct 2016 - 2020
Have been in the counting house, counting out the money and dusting out the coffers. Happy to report that it is all there.

**Sibylla of Glyndmere: A&S Minister**

Email: ramshavenas@gmail.com
 term: October 2019 - 2021
Arts and Sciences are strong in our barony. Please remember to share your photos and your enthusiasm on the gathering pages- <https://www.facebook.com/groups/1518968168395297/>

**Asleif of Ramshaven: Chronicler**

Email: ramshavenchronicler@gmail.com
 term: February 2020~ 2022
Please send me any and all A&S, and event photos, and any articles or artwork you would like to see published.

**Wulfric of the Blackwoods: Armoured Combat Marshal**

Email: trweirmeir@gmail.com
 term: July 2016 - 2020
Armoured combat is alive and well. Enjoyed Family Day Fight Practice in Bryniau Tywynnog. Northgeatham has been braving the cold with some great bear pits up in the Great Hall.

**Penda of Glindemere Lord Clerk-Register (Web minister)**

Email: webminister.ramshaven@gmail.com
 term: October 2017 - 2019
Please send any suggestions you may have and please remember to check the Ramshaven website and OP to ensure information is correct. Thank you

**Name: Guoillauc filius Branch**

Email: ramshavenherald@gmail.com
 term: February 2018 - 2020
I'm extremely grateful to Their Excellencies Ramshaven for this chance to serve the Barony, and live out their "call to Adventure."

Ramshaven's Baronial Champions



Rapier
 Dawn Galbraith
Photo: Cesare de Salvasie



Armoured Combat
 Sibylla of Glyndmere
Photo: Dorothea of Holm



Ranged
 Catriona inghean Ragnail



Bardic Arts
 Guoillauc filius Branch
Photo: Dorothea of Holm



Arts and Science
 who will it be?



Word from Your Baron and Baroness,
 Penn and Lucia de Mornaza ...



Email: pennandlucia@gmail.com
 term: May 2017 to Present



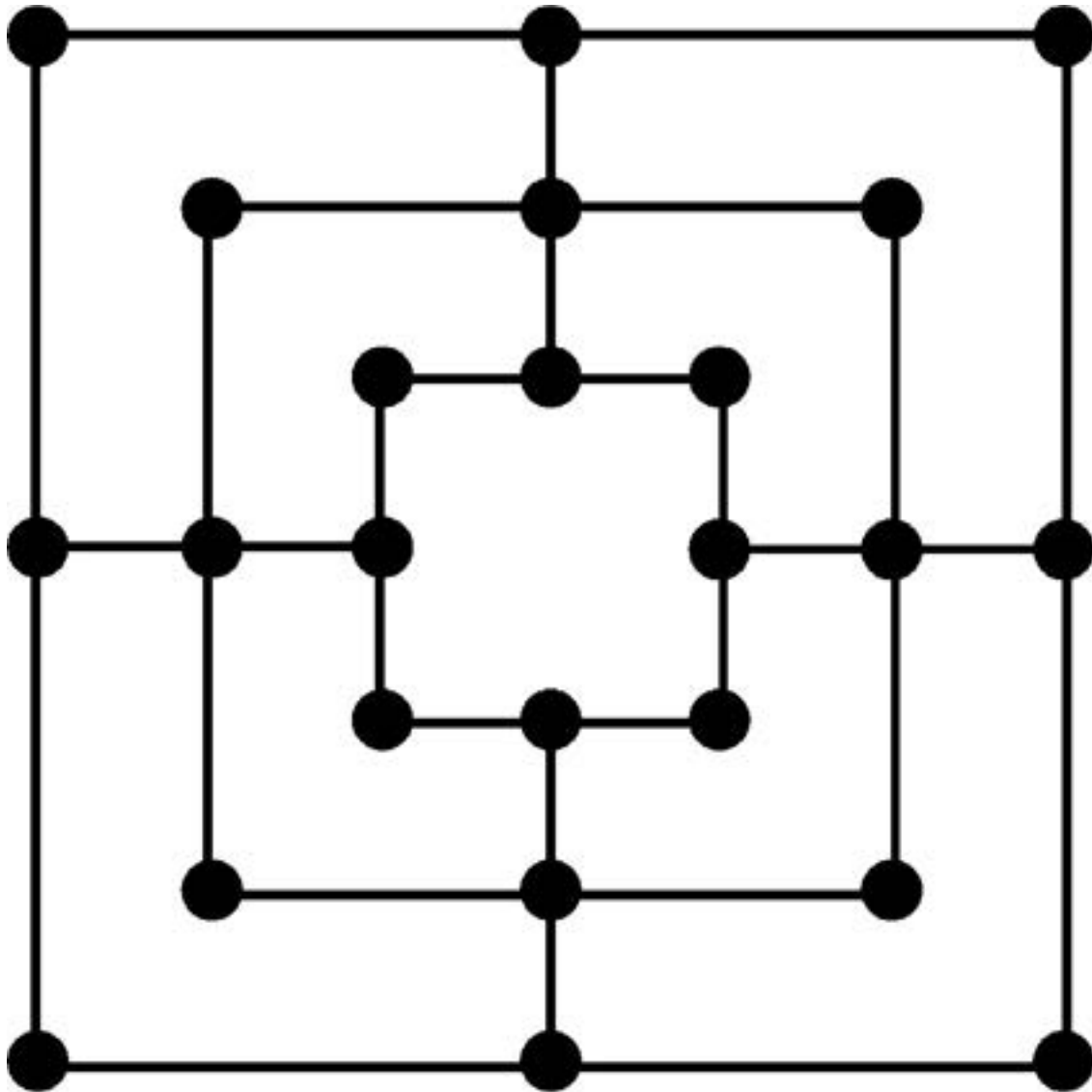
reetings unto the populace of
 Ramshaven,

As the days get longer and the treatments for the current plague get closer we can look forward out of the cold of winter and start dreaming of being able to gather in person once again. We have kept busy with online events and classes and crafts and we hope that you are all surviving as best you can, and that we'll see you in person before too long. Our word of this year is Connection and it has been a good word, we look forward to FOOL (if distanced) which will be the end of our fourth year as Baron and Baroness, when we'll choose a new word and look forward to the year ahead. We hope to see as many of you as possible there. In all our socially distanced places, we hope you will always remember to have fun and stay safe.

Yours in service,
 Penn and Lucia,
 Baron and Baroness of Ramshaven



Medieval Game— Nine Men's Morris



Enjoy an ancient board game with your family and friends! This board can be scratched out in the dirt anywhere, drawn with a ruler on a scrap piece of paper, or found easily online to print out.

The game is for two players. Each player will need 9 pieces, traditionally black and white, but any two different colours will work (buttons, glass beads, two different types of coins, etc). The goal of the game is to capture your opponent's pieces until they only have 2 left. After determining who goes first, the game begins.

Phase One. Players take turns placing their pieces on the board. If a player is able to place three of their pieces on adjacent points in a straight line, vertically or horizontally, they have formed a *mill* and may remove one of their opponent's pieces from the board. A piece in an opponent's own mill can only be removed if no other piece is available.

Phase Two. Players take turns moving their pieces to an empty, adjacent space. Pieces cannot jump over each other. Players work to move their pieces into mills and remove an opponent's piece. Moving a piece out of a mill on one turn, then moving it back to recreate the mill and remove an opponent's piece is called *breaking* and is a legal move.