



The Cataract

Summer 2020 Issue



The newsletter of the Barony of Rising Waters, The Kingdom of Ealdormere

July 2020, A.S. LV (55)

Facebook: [Official SCA The Barony of Rising Waters](#)

Baronial Website: baronyofrisingwaters.org

The Cataract

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Any member who wishes can subscribe to receive an e-mail when the latest issue of the Cataract becomes available. In order to do so, please send an email to the chronicler: chronicler.risingwaters@gmail.com

Contribute to The Cataract

This publication is only as interesting as its content. Please consider making a contribution in the form of photographs, articles, art work, event reports, medieval recipes, items of historical interest etc.

The next issue, Fall 2020, will come out in October 2020 so please send in any submission by the end of September 2020. Thank you!

Corrections, Submissions, Suggestions, please send to the Chronicler, Lady Bera Oddsdottir chronicler.risingwaters@gmail.com

Barony of Rising Waters Online

The Barony of Rising Waters can be found online at:
<http://baronyofrisingwaters.org>



[The Barony of Rising Waters
Official SCA](#)



[SCA Barony of Rising
Waters Official Channel](#)



Rising Waters' Destash Fundraiser

On July 10 we wrapped up the Destash Fundraiser by dropping off our collected goods at the Value Village in Welland.

Despite COVID-19 canceling all of our events including Lady Mary and Spring Coronation and just generally playing havoc on our plans to collect donations. Despite all of that we were able to collect over 1400lbs worth of donations!

A huge thank you goes out to everybody who helped with donating goods, delivering, and organizing this fundraiser

Upcoming Events



MON, JUL 13 AT 8 PM

Ealdormere - Ask the Crucibles

★ Interested



MON, JUL 27 AT 7 PM

Kingdom of Ealdormere's - Peerage Round Table
Online Event

✓ Interested ▼



Missive from Her Excellency, Sciath

It seems like it has been an age since we have had the pleasure of gathering as a community together in the same place. In addition to the pandemic, a crisis of race relations and inequality has erupted across the mundane world. As Baroness, I am privileged to serve at the intersection of our diverse community, the Barony of Rising Waters. The events of the past months, and more so, the past few weeks, have prompted me to reflect on my role as a leader to ensure that members of our community are able to engage in discussion on a regular basis on matters of social importance and impact, and that the full diversity of the Rising Waters and Niagara Community have the opportunity to provide input to and their voices heard by the officers and Baroness. We stand in solidarity with Black and Indigenous communities and People of Colour (BIPOC) against all forms of direct and systemic racism, which have prevented these and other minority communities from participating fully in our community, and having their achievements celebrated and their histories honoured.

To that end, I'd like to thank the Baronial officers for voting in favour of creating a new office, one that focuses on Diversity, Inclusivity, and Equity (DEI). This role is modelled on the society DEI office, and while not yet established in the Kingdom of Ealdormere, found in other Kingdoms. This officer will be accountable to the people of the Barony, and will be provided with training in mediation and conflict management.

Virtual Celebration of the Barony of Rising Waters

I'd like to thank all who attended the Virtual Celebration, held on May 6, particularly Their Majesties, King Rattanicus and Queen Isobel. This was not just a celebration of the Barony, but of her people - many of whom have continued working as health care and essential services workers or worked to make protective gear.

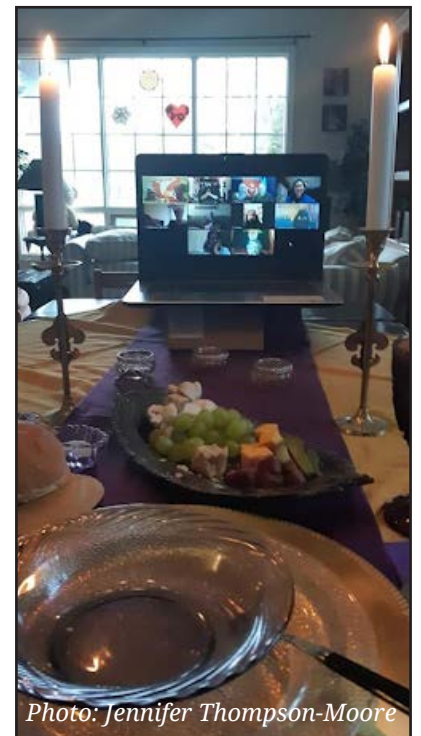


Photo: Jennifer Thompson-Moore

A Growing Virtual Community

Many, like me, were overjoyed to learn that we would not miss Fruits of our Labour, and that it be available to us in Virtual Edition. Classes, roundtables, moots and meetings filled the weekend - and we even got to have the traditional bardic. Although I truly missed the congeniality of the event-in-person, I appreciate the event staff (and many volunteers and teachers) for giving us an SCA immersive weekend.

Some of our friends from the Kingdom of Avacal attended FooL, and took the lessons learned to the University of Avacal (TUA) event, held June 6-8, 2020. Ealdormere invaded the Kingdom of Avacal - well, virtually, along with 470 participants, attending from 13 kingdoms from across the known world.

Summer Youth Challenge

A Challenge for Youth - take a picture of you doing an experiment or favourite activity (incl. name, age and why you chose that activity). The experiment could be cooking, baking, or even mixing your own paints - try something new!

This challenge is open to all youth, of Rising Waters and her friends. The deadline is September 5, 2020. You can email entries to me at risingwaters@gmail.com



Taxes

I'd like to thank all who paid last year's Baronial tax, a challenge to the barony's bardic skill. This year's tax is to perform a service for another. If you have a service performed for you, please let me know by whom and what service they performed so that I may mark their taxes as paid.

In Service to the Barony, I remain,
Sciath of Rising Waters

Baronial Calendar

Normally, this would be the part of the Cataract where I would show the Calendar of events for the barony over the upcoming months. Due to current events however for at least the nearest part of our future has seen all in person meet-ups being cancelled.

Due to the up in the air nature I will leave that information to be available in it's most current format on the Barony Website and Facebook Page.

Stay safe everybody,
Bera

https://baronyofrisingwaters.org/event_calendar/

<https://www.facebook.com/groups/BaronyOfRisingWaters/events/>

Now Seeking

The Barony of Rising Waters is seeking applications for a few positions within our growing community.

Minster of Children

Responsible for programming activities and to support engagement with children and youth in the Barony.

Minister of Accessibility

Responsible for working with the baronial committee and event stewards to ensure baronial activities and events include accessibility concerns.

If you wish to apply please send an email application to both the Baronial Seneschal Baroness Gema Krasil'niKova seneschal.risingwaters@gmail.com and Baroness Sciath ingen Chaennaig risingwaters@gmail.com If you have any questions please do not hesitate to ask.

SCA Online

Virtual SCA Collective Calendar

<http://research.fibergeek.com/virtual-sca-calendar/>

Known World Entertainment Guide

<https://www.facebook.com/KWEGuide/>

Facebook Groups

The Honorable Clover

<https://www.facebook.com/groups/967942963341698/>

SCA Virtual Classroom and Artisan Display

<https://www.facebook.com/groups/virtualsca/>

Ealdormere Internet Arts & Science Event

<https://www.facebook.com/groups/896001760844623/>

Online Universities/Learning

Harvard University Free Humanities Courses

[https://online-learning.harvard.edu/catalog?keywords=&subject\[\]=8](https://online-learning.harvard.edu/catalog?keywords=&subject[]=8)

Coursera Free History Courses

<https://www.coursera.org/browse/arts-and-humanities/history>

edX Free History Courses

<https://www.edx.org/course/subject/history>

My Mooc Archeology Courses

[https://www.my-mooc.com/en/moocs?search\[query\]=archeology](https://www.my-mooc.com/en/moocs?search[query]=archeology)

[More?? big list of free e-learning resources](#)



Baronial Friendship and Trust

For some time now, we have each been separated from our community. There being so much stress in the world, many may be understandably feeling a little bit on edge, and certainly missing the companionship of friends and chosen family, alike.

It is important to remember that while we are apart, our friendship does not wane. We know that our communities have supported each other for years, and count on this friendship. Recently, we have been working together to find ways to continue to help each other in our baronies of Rising Waters and Ben Dunfirth. We want to affirm something positive, in the midst of this time of plague and protest, to all of our people, that we are thinking of each other, and we support our friends and neighbours.

We are here for you, and for each other. If you need anything from any of us, please reach out.

We look forward to being together once again.

Your friends,
Sciath, Brand & Jocea

It is okay not to be making right now
It is okay to be making all the things
It is okay to be doing a little
To be online... or not

It is okay to be finding 2020 hard
We will endure and then thrive

Even when we're not together
The Dream is always here

#APART NOT ALONE
#SCAATHOME

PS
#STILLDONTCLICKTHINGS
#WASH YOUR HANDS

Recent Historical News

Here are some of the latest articles about historical studies and discoveries that might be of interest to our members:



[1,700-year-old board game found in Norwegian burial mound](#)



[Melting Ice Exposes Mountain Pass Used by Vikings, Including Ancient Dog and Leash](#)



[Railway workers discover 14th century cave with medieval shrine or hermitage](#)



[London's 'oldest theater,' built just 3 years after Shakespeare's birth, discovered](#)

Greetings from the Seneschal



Here we are once again socially distant, but still fighting together for a brighter future free from necessary restrictions. We can all reflect on “better days” when we got together and celebrated this fantastic Hobby of ours. I am constantly humbled by the various activities that have become a part of our everyday. From Zoom meetings and gatherings, to classes that span the Known World. We are working together to keep our passion for history, companionship and knowledge going strong.

While many are working tirelessly to continue, others like myself have slowly stepped back. Fighting the constant fear of reality with quiet distance. Escaping into books, arts, video games and television. We each have our ways of dealing with this Pandemic and Social Chaos. I ask that each of you take the time to realize as an individual you can make a difference in the world.

I remain in service to the Barony,
should you need me, I am only a message away.

Gema

Challenges from the Royalty of Ealdormere

1. Heraldic masks! Go forth and create your face masks, using kingdom, baronial or personal heraldry images. Take a picture, and send it to Their Majesties (and our Baroness risingwaters@gmail.com).

2. Ealdormere Youth Cavalry - send Their Majesties an email with your address, and they will send one hobby horse head (to be stuffed, decorated and mounted on a stick upon arrival). Decorate your horse with barding!

Baronial Storage Completed!



Photo: Trudi Crumpwright

*Our Barony now has a home
for all of our gear!*

Diversity, Equality and Inclusion

The world at large, and the SCA are both undergoing a transformation at the moment... A positive cultural shift to help make sure all members of the population are treated in fairness and equality.

Within our Barony this has meant two things in particular:

1. The cover of this issue of the Cataract is a part of the "Faces of Rising Waters" project. Our Barony includes a variety of members of different abilities, races, sexual orientations and we want to communicate that. To honour them and to encourage new members who would want to join us, so they can know they will be welcomed warmly!
2. We will be adding a Diversity, Equality, and Inclusion (DEI) officer to the Barony, more details will be coming on this new position soon!



On the weekend of July 3-6 a competition called [The SCA Magnificently Awesome Scavenger Hunt - SMASH!](#) took place. 290 players from 18 Kingdoms joined from all over the world, working together in 38 teams to attempt to complete the 90 challenges in the Hunt.

This event was an amazing display of how an organization based on community can withstand any storm. The world is experiencing this pandemic and it was wonderful to see people of all ages and backgrounds, just take the weekend to have fun and play.

The scavenger hunt had participants doing various tasks ranging from dissertations, filks, cooking tasks, right up to creating garb from recycling.

Members of our Barony got to represent Ealdormere by signing up as Team Onguiaahra (local Indigenous word that "Niagara" came from) and I think we can all agree that it a great weekend doing crazy and fun things! Currently the scores are still being tallied up, so wish us luck!



Aibhilin

74. Create a cocktail (or mocktail) using only authentic pre-17th style ingredients



Kate

58. Make an embroidery sampler



Bera

61. A photo of you laid out for your Norse funeral



34. Dress up and pose as your favourite heraldic animal.



24. Make a photo cut out board for a famous event in history



21. Make the silliest period hat you can out of your recycling.



2. Make a suit of armour for a doll or stuffy



38. Most Dramatic Death.



23. Make a piece of garb out of paper and/or cardboard



45. Most elaborate "blanket fort" on a medieval theme!



70. Build a working sundial

See More!

[links for all the challenges](#)

[Barony's Youtube Playlist](#)

[Nicolaa Blogs about it](#)

Foraging Foods ~ Gelleia le Vinter

Lady Gelleia le Vinter provides us with some tasty quarantine recipes, made including ingredients right from her own backyard!

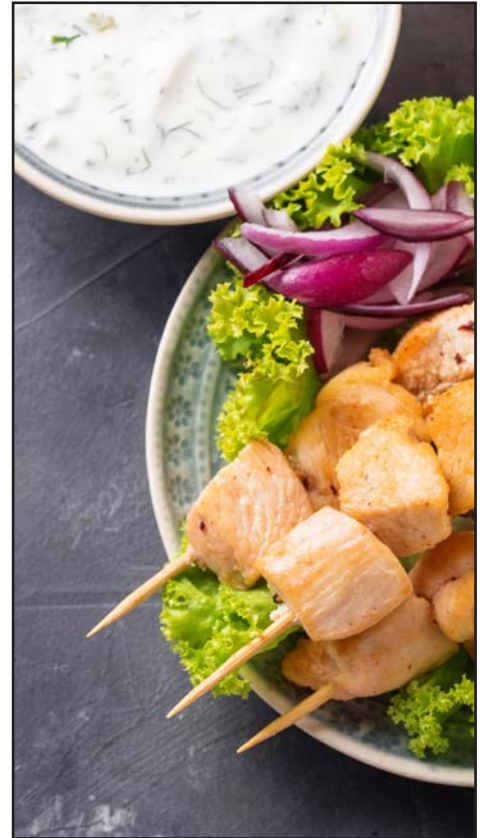
Canadian Tzatziki

- 1/2 tub of plain balkan style yogurt
- 1/2 cucumber
- 2/3 Tbsp chopped young spruce tips

Shred the cucumber and mix with the yogurt. Put in a strainer and place over a bowl to strain in the fridge an hour before eating.

Suggested pairing: pork souvlaki or dip for fresh veggies.

Tip: Harvest the spruce tips once the young growth is about 2 or 3" long and still bright green. Make sure to only harvest 1/10 of the tips you see since this is how the tree grows! Take them all and the tree won't have enough to grow.



Garlic Mustard Pesto

- 2 cups garlic mustard leaves
- 4 Tbsp olive oil
- 2 Tbsp parmesan cheese

Put leaves in a blender, add oil to make a nice smooth consistency, stir in parmesan cheese by hand.

Suggested serving: steak topper, sandwich spread or with tomatoes on toast.

Tip: Harvest the garlic mustard in late March, early Spring before the garlic mustard flowers as it turns bitter. Also this pesto expires quickly so make only enough for what you can eat in a day.

Weed Salad

Dandelion and plantain leaves, I choose the ones growing in the shade since they tend to be tender and less bitter. Give them a quick wash and chop like a normal salad, add cucumber and tomatoes. Top with a quick miso salad dressing.

Miso Salad Dressing

- 1 Tbsp miso paste
- 2 Tbsp olive oil
- salt, pepper, and fresh oregano

Put leaves in a blender, add oil to make a nice smooth consistency, stir in parmesan cheese by hand.

Suggested serving: steak topper, sandwich spread or with tomatoes on toast.

Tip: Harvest the garlic mustard in late March, early Spring before the garlic mustard flowers as it turns bitter. Also this pesto expires quickly so make only enough for what you can eat in a day.



Photo: Jessica Andress

In case you aren't sure... this is plantain!

Greetings from the Thrown Weapons Marshall

By Royal Decree, all official events and activities are prohibited until further notice. Be well, and keep your knives and axes bright.

YIS,
Sciath

Greetings from the Signet

As we grow closer to Summer, we take a break from our scribal gatherings and pause to reflect on our work as artists.

The Honourable Lord Dietrich von Sachsen has accepted the mantle of Kingdom Signet. If you have interested in working (either independently or in collaboration) on an award school, please let Dietrich know - trillium.signet@gmail.com. The current scroll wording and layout requirements may be found here: <https://escribal.weebly.com/>

Finally, in July we will all be able to attend the Known World Heraldry and Scribal Symposium - Online! You will need to register for classes and sessions, and remember that as the event is organized in the Kingdom of Lochac - the schedule is in Australian Eastern Standard Time (+10 UTC). Fortunately, the event is July 11 and 12 - so, I'll have at least one full night's rest that weekend. Register before July 3rd to take part.

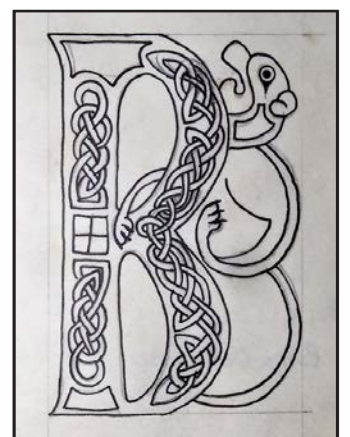
YIS,
Sciath





Round one of the Scribal War is over, but the final results for the kingdoms are still being tallied but our artists managed to win in a couple of categories!

Wassail!





Baronial Officium

No calls before 9am or after 9pm unless by previous arrangement.

Baroness: Sciath ingen Chaennaig (Trudi Crumpwright)
risingwaters@gmail.com

Seneschal: Baroness Gema Krasil'niKova (Jennifer Etty)
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Pennsic Land Agent (deputy to the Seneshal):
 Baroness Sciath ingen Chaennaig (Trudi Crumpwright)
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Herald: Baron Dmitri Kievskoi (Sam Hardie)
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Signet: Baroness Sciath ingen Chaennaig (Trudi Crumpwright)
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Calendar Secretary: Baroness Aibhilin kennari fra Skye, (Leslie Falzone)
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Chatelaine: Lady Ragnheiðr Hróaldsdóttir (Suzi Hedrick)
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Heavy Weapons Marshal: Baron Richard Larmer (Andrew Lowry)
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Archery Marshal: Magestra Nicolaa de Bracton (Susan Carroll-Clark)
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Thrown Weapons Marshal: Baroness Sciath ingen Chaennaig
(Trudi Crumpwright) risingwaters@gmail.com

Quartermaster: Baroness Gema Krasil'niKova (Jennifer Etty)
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Minister of Accessibility: Vacant access.risingwaters@gmail.com

Minister of Children: Vacant ministerofchild.risingwaters@gmail.com

Minister of Horse: Vacant

Baronial Champions

Armoured Combat: Lord Eustace di Cordoba

Thrown Weapons: Lady Rúna Sölveigardóttir

Rapier Combat: Lord Hamish MacLeod

Arts and Sciences: TBD

Bardic Arts: TBD

Archery: TBD

Youth Champion: TBD



Kingdom Regnum

No calls before 9am or after 9pm unless by previous arrangement.

Their Royal Majesties:

Prince Amelius Claudius Rattanicus and
Princess Isabel Atwyll
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Head Retainer

Kniaginia Xristina Viacheslavova mchestley@gmail.com

Seneschal

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Chancellor of the Exchequer

Jane Caldwell (April Rumbolt)
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Trillium Herald

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Chronicler

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No calls before 9am or after 9pm unless by previous arrangement.

Lord Clerk-Register

Baroness Lucia de Enzinas (Michelle Enzinas)
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Earl Marshal (Interim)

Sir Menken Brechen (Michael Cohen)
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Earl Marshal Deputies

Archery Marshal, Master Gunther Wahlstadt (David Clark)
ealdormerearchery@gmail.com

Fencing Marshal, The Honourable Lord Kurushima Saborou Yoshitatsu (Yoshi) ealdormere.rapier.marshal@gmail.com

Youth Rapier Marshal, Master Eyrny Ormarrsdottir (Kathleen Gormanshaw)
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Emergency Deputy Rapier Marshal, The Honourable Lord Kurushima Saborou Yoshitatsu (Yoshi) paul4791@gmail.com

Minister of the Lists, Master Kolbjorn skattkaupandi (Jason Kingston)
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Syrevander@gmail.com

Thrown Weapons Marshal, Master Gunther Wahlstadt (David Clark)
ealdormere.thrown.marshal@gmail.com

Equestrian Marshal, Baroness Anne von Talstadt (Rowan) (Stephanie Campbell-Heron) ealdormerequestrian@gmail.com

Deputy for Combat Archery, Baron Alexander Gladstone (Alex Sears)
photosbyalex@cogeco.ca